

2019 IFBB CALENDAR OF EVENTS**MEN'S OPEN BODYBUILDING****2019 ARNOLD CLASSIC****Date****02/28-03/03/2019****City****Columbus, Ohio****Promoter****James Lorimer
614-431-2600
lgreen@arnoldexpo.com
www.arnoldsportsfestival.com****2019 ARNOLD CLASSIC AUSTRALIA****03/15-17/19****Melbourne, Australia****Tony Doherty
613-9388-0866
tony@arnoldclassic.com.au
www.arnoldclassic.com.au****2019 IFBB INDY PRO MEN'S BODYBUILDING****03/30/19****Indianapolis, Indiana****Dave Bowers
317-619-3807
davebowersnpc@gmail.com****\$20,000.00****2019 ARNOLD CLASSIC SOUTH AMERICA****04/12-14/19****South America****Tamer El Guindy
info@musclecontestinternational.com
www.musclecontestinternational.com****\$10,000.00****2019 IFBB CHAMPIONS OF POWER AND GRACE PRO MASTERS MEN'S BODYBUILDING
Masters Over 50 / Masters Over 60****04/13/19****Raleigh, North Carolina****Mike Valentino
910-790-9598 x 106
championsofpandg@gmail.com****\$500.00 each class
\$250/\$150/\$100****2019 IFBB BIG MAN WEEKEND PRO MEN'S BODYBUILDING****04/27-28/2019****Alicante, Spain****Emilio Martinez
emiliosteam@icloud.com****\$20,000.00****2019 IFBB GOLD PRO MEN'S BODYBUILDING****05/11-12/2019****Delhi, India****Umesh Patel
umesh@goldclassicworldwide.com****\$40,000.00****2019 IFBB NEW YORK PRO MEN'S BODYBUILDING****05/18/19****White Plains, New York****Steve Weinberger
www.bevfrancis.com
516-933-1111****\$20,000.00****2019 WOS YAMAMOTO NUTRITION IFBB PUERTO RICO MEN'S BODYBUILDING****05/24-27/19****San Juan, Puerto Rico****Tim Gardner
813-281-4696
tgflex.florida@gmail.com
www.timgardnerproductions.com****2019 IFBB CALIFORNIA PRO MEN'S BODYBUILDING****05/25/19****Los Angeles, California****Tamer El-Guindy
866-370-3011
www.musclecontest.com****\$20,000.00**

2019 IFBB TORONTO PRO SUPERSHOW Men's Open	06/01-02/19	Toronto, Canada	Ron Hache 705-561-0775 ronhache@unitz.ca www.TorontoProSupershow.com	\$20,000.00
2019 IFBB THE BATTLE OF BRITAIN PRO MEN'S BODYBUILDING	06/30/19	Watford, United Kingdom	2 BROS Pro ian@2bpevents.com	\$20,000.00
2019 IFBB WOS CHICAGO PRO MEN'S BODYBUILDING	07/04-06/19	Chicago, Illinois	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	\$20,000.00
2019 IFBB VANCOUVER PRO MEN'S BODYBUILDING	07/13-14/19	Vancouver, Canada	Michelle Krack 778-878-2267 info@vancouverproshow.com www.vancouverproshow.com	\$20,000.00
2019 IFBB PORTUGAL PRO MEN'S BODYBUILDING	07/21/19	Lisbon, Portugal	Sandra Ferreira ambdesportivos@gmail.com	
2019 IFBB GEORGE FARRAH CLASSIC OPEN MEN'S BODYBUILDING	07/27/19	Beirut, Lebanon	George Farrah GVGarah@yahoo.com	\$25,000.00
2019 WOS IFBB YAMAMOTO NUTRITION TAMPA PRO MEN'S BODYBUILDING	08/01-04/19	Tampa, Florida	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	\$20,000.00
2019 IFBB PITTSBURGH MASTERS PROFESSIONAL CHAMPIONSHIPS 40/50/60/70/80 PLEASE CONTACT THE PROMOTER FOR ALL INFORMATION	8/31/2019	Pittsburgh, Pennsylvania	Gary udit gudit@comcast.net www.garyudit.com 412-377-1438	
2019 MR. OLYMPIA	09/12-15/19	Las Vegas, Nevada	Robin Chang 866-676-2007 rchang@weiderpub.com 818-595-0466	
2019 WOS IFBB STEELFIT USA MASTERS MEN'S BODYBUILDING OVER 40 OVER 50	09/20-21/19	Clearwater Beach, Florida	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	*NO PRIZE MONEY *NO PRIZE MONEY
Men's Bodybuilding	09/20-22/2019	Padova, Italy	Gian Enrico Pica	\$35,000.00

			gpica@v-power.sm	
2019 IFBB BEN WEIDER NATURAL PRO MEN'S BODYBUILDING	09/21/19	Montreal, Canada	Ron Hache ronhace@unitz.ca	
2019 IFBB MONSTERZYM PRO MEN'S BODYBUILDING	10/19-20/2019	Seoul, South Korea	Steve Kim sungyeobkim@gmail.com	\$30,000.00
IFBB MASTERS BALTIMORE PRO MEN'S BODYBUILDING Over 35 - Over 40 - Over 50	10/26/2019	Linthicum Heights, Maryland	Richard Siegelman 410-241-5841 kutzpromo@gmail.com www.richsiegelman.com	No Prize Money
2019 IFBB WOS ROMANIA MUSCLE FEST PRO MEN'S BODYBUILDING	11/02/19	Bucharest, Romania	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	
2019 IFBB JAPAN PRO MEN'S BODYBUILDING	11/17/19	Tokyo, Japan	Hidetada Yamagishi hideproductions@gmail.com	\$25,000.00

*Top 5 from each class will be presented with awards.
First place will receive up to \$300 flight reimbursement
to the IFBB Pittsburgh Pro Masters with proof of receipt.

MEN'S 212	Date	City	Promoter	
201 IFBB NEW ZEALAND PRO MEN'S 212	03/09/19	Auckland, New Zealand	Moe Elmoussawi moesmuscle@yahoo.com +6421567212	\$8,000.00
2019 IFBB INDY PRO MEN'S 212	03/30/19	Indianapolis, Indiana	Dave Bowers 317-619-3807 davebowersnpc@gmail.com	\$8,000.00
2019 IFBB MUSCLECONTEST IRELAND PRO MEN'S 212	04/06/19	Limerick , Ireland	Tamer El Guindy info@musclecontestinternational.com www.musclecontestinternational.com	\$3,500.00
2019 MUSCLECONTEST NACIONAL PRO MEN'S 212	04/27-28/19	Sao Paulo, Brazil	Tamer El Guindy info@musclecontestinternational.com www.musclecontestinternational.com	\$3,500.00
2019 IFBB NEW YORK PRO MEN'S 212	05/18/19	White Plains, New York	Steve Weinberger www.bevfrancis.com 516-933-1111	

2019 WOS YAMAMOTO NUTRITION IFBB PUERTO RICO MEN'S 212	05/24-27/19	San Juan, Puerto Rico	Tim Gardner 813-281-4696 tgflex.florida@gmail.com www.timgardnerproductions.com	
2019 IFBB TORONTO PRO SUPERSHOW Men's 212	06/01-02/19	Toronto, Canada	Ron Hache 705-561-0775 ronhache@unitz.ca www.TorontoProSupershow.com	\$12,000.00
2019 IFBB EUROPA DALLAS MEN'S 212	06/08-09/19	Dallas, Texas	Ed and Betty Pariso BettyPariso@aol.com www.europagamesexpo.com	\$8,000.00
2019 IFBB WOS CHICAGO PRO MEN'S 212	07/04-06/19	Chicago, Illinois	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	\$6,000.00
2019 IFBB VANCOUVER PRO Men's 212	07/13-14/19	Vancouver, Canada	Michelle Krack 778-878-2267 info@vancouverproshow.com www.vancouverproshow.com	\$6,000.00
2019 WOS IFBB YAMAMOTO NUTRITION TAMPA PRO MEN'S 212	08/01-04/19	Tampa, Florida	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	\$6,000.00
2019 OLYMPIA 212	09/12-15/19	Las Vegas, Nevada	Robin Chang 866-676-2007 rchang@weiderpub.com 818-595-0466	
2019 IFBB WOS ROMANIA MUSCLE FEST PRO MEN'S 212	11/02/19	Bucharest, Romania	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	
2019 IFBB LEGION SPORTS FEST PRO MEN'S 212	11/09-10/2019	Long Beach, California	Chris Minnes 775-375-5438 www.legionsportsfest.com events@centerpodium.com	\$6,000.00

MEN'S PHYSIQUE

Date

City

Promoter

2019 IFBB SHERU CLASSIC MEN'S PHYSIQUE	02/15-17/2019	Medelin, Colombia	Sheru Aangrish sheru@sheruclassic.com	\$3,500.00
ARNOLD MEN'S PHYSIQUE	02/28-03/03/2019	Columbus, Ohio	James Lorimer 614-431-2600 lgreen@arnoldexpo.com www.arnoldsportsfestival.com	
2019 IFBB GOVERNORS CUP PRO MEN'S PHYSIQUE	03/30/19	Sacramento, California	Ted Williamson/John Tuman tedwm@aol.com/bbspay@aol.com www.spectrumfitnessproductions.com	\$3,500.00
2019 IFBB JON LINDSAY'S GRAND PRIX Masters 40+	04/06/19	Los Angeles, California	Tamer El-Guindy 866-370-3011 www.musclecontest.com	\$3,500.00 \$1,750.00
2019 IFBB SALT CITY SHOWDOWN PRO MEN'S PHYSIQUE	04/13/19	Salt Lake City, Utah	Robyn Maher 801-995-1163 showdown@fitcon.com, www.saltcityshowdown.com	
2019 IFBB EUROPA ORLANDO MEN'S PHYSIQUE	04/13-14/19	Orlando, Florida	Ed and Betty Pariso BettyPariso@aol.com www.europagamesexpo.com	\$4,000.00
2019 IFBB CHAMPIONS OF POWER AND GRACE PRO MASTERS MEN'S PHYSIQUE Masters Over 35/Over 40/Over 45	04/13/19	Raleigh, North Carolina	Mike Valentino 910-790-9598 x 106 championsofpandg@gmail.com	\$500.00 each class \$250/\$150/\$100
2019 IFBB CITY LIMITS PRO MEN'S PHYSIQUE OPEN Masters Over 40	04/20/19	Waxahachie, Texas	Dre Dillard 469-816-6169 citylimitschampionships@gmail.com www.citylimitschampionships.com	\$9,000.00 \$3,500.00
2019 KUWAIT PRO MEN'S PHYSIQUE	04/26/19	Kuwait	Bader Boodai bboodai@yahoo.com	
2019 IFBB JON LINDSAY'S CALIFORNIA NIGHT OF CHAMPIONS MEN'S PHYSIQUE	05/04/19	San Diego, California	Tamer El-Guindy 866-370-3011 www.musclecontest.com	\$3,500.00
2019 IFBB PITTSBURGH PRO MEN'S PHYSIQUE	05/03-04/19	Pittsburgh, Pennsylvania	Jim Manion npcfirst@aol.com 412-276-5027	\$6,000.00

2019 IFBB GOLD PRO MEN'S PHYSIQUE	05/11-12/2019	Delhi, India	Umesh Patel umesh@goldclassicworldwide.com	\$5,000.00
2019 IFBB NEW YORK PRO MEN'S PHYSIQUE	05/18/19	White Plains, New York	Steve Weinberger www.bevfrancis.com 516-933-1111	\$3,500.00
2019 WOS YAMAMOTO NUTRITION IFBB PUERTO RICO MEN'S PHYSIQUE	05/24-27/19	San Juan, Puerto Rico	Tim Gardner 813-281-4696 tgflex.florida@gmail.com www.timgardnerproductions.com	
2019 IFBB OPTIMUM CLASSIC <u>MASTERS</u> MEN'S PHYSIQUE OVER 35	05/25/19	Shreveport, Louisiana	Robert "Supermann" Blount bfitforlife@aol.com www.optimumclassic.com 318-347-2208	\$500.00 1ST Place Only
2019 IFBB MILE HIGH PRO MEN'S PHYSIQUE OPEN Masters Over 40	06/01/19	Denver, Colorado	Jeff Taylor 303-668-8578 jtnpc@comcast.net	\$5,000.00 \$1,750.00
2019 IFBB TORONTO PRO SUPERSHOW Men's Physique	06/01-02/19	Toronto, Canada	Ron Hache 705-561-0775 ronhache@unitz.ca www.TorontoProSupershow.com	\$6,000.00
2019 IFBB MIAMI MUSCLE BEACH PRO MEN'S PHYSIQUE	06/08/19	Miami Beach, FL	Geobanny Paula 786-217-2110 www.miamifitexpo.com miamimusclebeachpro@gmail.com	\$3,500.00
2019 IFBB NORTHERN CALIFORNIA PRO MEN'S PHYSIQUE	06/08/19	Sacramento, California	Ted Williamson/John Tuman tedwm@aol.com/bbspy@aol.com www.spectrumfitnessproductions.com	\$3,500.00
2019 IFBB SAN JOSE PRO MEN'S PHYSIQUE	06/29/19	San Jose, California	Steve O'Brien and George Jackson 408-384-9039 www.musclesportproductions.com	\$4,000.00
2019 IFBB BATTLE IN THE DESERT PRO MEN'S PHYSIQUE	06/29/19	Las Vegas, Nevada	Ted Williamson/John Tuman/Patrick Sampson tedwm@aol.com/bbspy@aol.com www.spectrumfitnessproductions.com (702) 931-5898	\$3,500.00
2019 IFBB WOS CHICAGO PRO MEN'S PHYSIQUE	07/04-06/19	Chicago, Illinois	Tim Gardner	\$3,500.00

			813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	
2019 IFBB VANCOUVER PRO Men's Physique	07/13-14/19	Vancouver, Canada	Michelle Krack 778-878-2267 info@vancouverproshow.com www.vancouverproshow.com	\$4,000.00
2019 IFBB LENDA MURRAY PRO MEN'S PHYSIQUE	07/13/19	Norfolk, Virginia	Lenda Murray/Urel McGill 310-904-3148 msolympia8@msn.com www.lendamurraybodybuilding.com	\$3,500.00
2019 IFBB PORTUGAL PRO MEN'S PHYSIQUE	07/21/19	Lisbon, Portugal	Sandra Ferreira ambdesportivos@gmail.com	
2019 WOS IFBB YAMAMOTO NUTRITION TAMPA PRO MEN'S PHYSIQUE Masters Over 40	08/01-04/19	Tampa, Florida	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	\$3,500.00 *NO PRIZE MONEY
2019 MUSCLECONTEST BRAZIL PRO MEN'S PHYSIQUE	08/03-04/19	Sao Paulo, Brazil	Tamer El Guindy info@musclecontestinternational.com www.musclecontestinternational.com	\$3,500.00
2019 WOS IFBB YAMAMOTO NUTRITION SAN ANTONIO PRO MEN'S PHYSIQUE Masters Over 40	08/09-10/19	San Antonio, Texas	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	\$3,500.00 *NO PRIZE MONEY
2019 MUSCLECONTEST VIETNAM PRO MEN'S PHYSIQUE	08/24/19	Ho Chi Minh City, Vietnam	Tamer El Guindy info@musclecontestinternational.com www.musclecontestinternational.com	\$3,500.00
2019 IFBB PITTSBURGH MASTERS MEN'S PHYSIQUE 35/40/45/50/60 PLEASE CONTACT THE PROMOTER FOR ALL INFORMATION	8/31/2019	Pittsburgh, Pennsylvania	Gary Udit gudit@comcast.net www.garyudit.com 412-377-1438	
2019 OLYMPIA MEN'S PHYSIQUE SHOWDOWN	09/13-15/19	Las Vegas, Nevada	Robin Chang 866-676-2007 rchang@weiderpub.com	
2019 WOS IFBB STEELFIT USA MASTERS MEN'S PHYSIQUE OVER 40	09/20-21/19	Clearwater Beach, Florida	Tim Gardner 813-243-7800	*NO PRIZE MONEY

			tgflex.florida@gmail.com www.timgardnerproductions.com	
MEN'S PHYSIQUE	09/20-22/2019	Padova, Italy	Gian Enrico Pica gpica@v-power.sm	\$5,000.00
2019 IFBB BEN WEIDER NATURAL MEN'S PHYSIQUE	09/21/19	Montreal, Canada	Ron Hache ronhace@unitz.ca	
2019 IFBB ASIA GRAND PRIX MEN'S PHYSIQUE	09/22/19	Seoul, South Korea	Alex Hong cubeintl@gmail.com	\$10,000.00
2019 IFBB MONTERREY PRO MEN'S PHYSIQUE	10/05/19	Monterrey, Mexico	M&M Productions info@monterreybodybuilding.com	\$5,000.00
2019 IFBB TITANS GRAND PRIX PRO MEN'S PHYSIQUE	10/19/19	Los Angeles, California	Tamer El-Guindy 866-370-3011 www.musclecontest.com	\$3,500.00
2019 IFBB SAN ANTONIO PRO MEN'S PHYSIQUE	10/19/19	San Antonio, Texas	Ted Williamson/John Tuman tedwm@aol.com/bbspy@aol.com www.spectrumfitnessproductions.com	\$3,500.00
IFBB MASTERS BALTIMORE PRO MEN'S PHYSIQUE Over 35 - Over 40 - Over 50	10/26/2019	Linthicum Heights, Maryland	Richard Siegelman 410-241-5841 kutzpromo@gmail.com www.richsiegelman.com	No Prize Money
2019 IFBB SACRAMENTO PRO MEN'S PHYSIQUE	11/02/19	Sacramento, California	Ted Williamson/John Tuman tedwm@aol.com/bbspy@aol.com www.spectrumfitnessproductions.com	\$3,500.00
2019 IFBB WOS ROMANIA MUSCLE FEST PRO MEN'S PHYSIQUE	11/02/19	Bucharest, Romania	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	
2019 IFBB LEGION SPORTS FEST PRO MEN'S PHYSIQUE	11/09-10/19	Long Beach, California	Chris Minnes 775-375-5438 www.legionsportsfest.com events@centerpodium.com	\$4,000.00
2019 IFBB JAPAN PRO MEN'S PHYSIQUE	11/17/19	Tokyo, Japan	Hidetada Yamagishi hideproductions@gmail.com	\$10,000.00

2019 SANYO PRO MEN'S PHYSIQUE	11/28-12/01/2019	Sanya, China	Caleb Sun sun.caleb@yahoo.com	\$20,000.00
MEN'S PHYSIQUE	11/29-30/2019	Padova, Italy	Gian Enrico Pica gpica@v-power.sm	\$5,000.00
2019 IFBB TOURNAMENT OF CHAMPIONS PRO MEN'S PHYSIQUE	12/07/19	San Diego, California	Tamer El-Guindy 866-370-3011 www.musclecontest.com	\$3,500.00

***Top 5 from each class will be presented with awards.
First place will receive up to \$300 flight reimbursement
to the IFBB Pittsburgh Pro Masters with proof of receipt.**

CLASSIC MEN'S PHYSIQUE

Date

City

Promoter

Prize Money

ARNOLD CLASSIC MEN'S PHYSIQUE

02/28-03/03/2019

Columbus, Ohio

**James Lorimer
614-431-2600
lgreen@arnoldexpo.com
www.arnoldsportsfestival.com**

2019 IFBB FIT WORLD CLASSIC MEN'S PHYSIQUE

03/09/19

Los Angeles, California

**Tamer El-Guindy
866-370-3011
www.musclecontest.com**

,\$3500.00

2019 IFBB NEW ZEALAND CLASSIC MEN'S PHYSIQUE

03/09/19

Auckland, New Zealand

**Moe Elmoussawi
moesmuscle@yahoo.com
+6421567212**

\$6,000.00

2019 IFBB UPPER MIDWEST CLASSIC MEN'S PHYSIQUE

03/23/19

Fargo, North Dakota

**Tom Kemper
info@npcuppermidwest.com**

\$3,500.00

2019 IFBB CHAMPIONS OF POWER AND GRACE PRO MASTERS CLASSIC MEN'S PHYSIQUE
Masters Over 35/Over 40/Over 45

04/13/19

Raleigh, North Carolina

**Mike Valentino
910-790-9598 x 106
championsofpandg@gmail.com**

**\$500.00 each class
\$250/\$150/\$100**

2019 KUWAIT CLASSIC MEN'S PHYSIQUE

04/26/19

Kuwait

**Bader Boodai
bboodai@yahoo.com**

2019 IFBB PITTSBURGH CLASSIC MEN'S PHYSIQUE

05/03-04/19

Pittsburgh, Pennsylvania

**Jim Manion
npcfirst@aol.com
412-276-5027**

\$6,000.00

2019 IFBB GOLD PRO CLASSIC MEN'S PHYSIQUE	05/11-12/2019	Delhi, India	Umesh Patel umesh@goldclassicworldwide.com	\$5,000.00
2019 IFBB NEW YORK CLASSIC MEN'S PHYSIQUE	05/18/19	White Plains, New York	Steve Weinberger www.bevfrancis.com 516-933-1111	\$3,500.00
2019 WOS YAMAMOTO NUTRITION IFBB PUERTO RICO CLASSIC MEN'S PHYSIQUE	05/24-27/19	San Juan, Puerto Rico	Tim Gardner 813-281-4696 tgflex.florida@gmail.com www.timgardnerproductions.com	
2019 IFBB DENNIS JAMES CLASSIC MEN'S PHYSIQUE	05/25/19	Phoenix, Arizona	Dennis James dennisjamesclassic@yahoo.com	\$3,500.00
2019 IFBB TORONTO PRO SUPERSHOW CLASSIC PHYSIQUE	06/01-02/19	Toronto, Canada	Ron Hache 705-561-0775 ronhache@unitz.ca www.TorontoProSupershow.com	\$6,000.00
2019 IFBB OMAHA CLASSIC MEN'S PHYSIQUE	06/08/19	Omaha, Nebraska	Jack Titone 314-686-3828 titonej@aol.com www.npcmidwest.com	\$3,500.00
2019 IFBB WOS CHICAGO PRO CLASSIC MEN'S PHYSIQUE	07/04-06/19	Chicago, Illinois	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	\$3,500.00
2019 IFBB VANCOUVER PRO CLASSIC PHYSIQUE	07/13-14/19	Vancouver, Canada	Michelle Krack 778-878-2267 info@vancouverproshow.com www.vancouverproshow.com	\$4,000.00
2019 IFBB LENDA MURRAY PRO MEN'S CLASSIC PHYSIQUE	07/13/19	Norfolk, Virginia	Lenda Murray/Urel McGill 310-904-3148 msolympia8@msn.com www.lendamurraybodybuilding.com	\$3,500.00
2019 IFBB PORTUGAL CLASSIC MEN'S PHYSIQUE	07/21/19	Lisbon, Portugal	Sandra Ferreira ambdesportivos@gmail.com	
2019 WOS IFBB YAMAMOTO NUTRITION TAMPA CLASSIC MEN'S PHYSIQUE Masters Over 40	08/01-04/19	Tampa, Florida	Tim Gardner 813-243-7800 tgflex.florida@gmail.com	\$3,500.00 *NO PRIZE MONEY

			www.timgardnerproductions.com	
2019 MUSCLECONTEST BRAZIL CLASSIC MEN'S PHYSIQUE	08/03-04/2019	Sao Paulo, Brazil	Tamer El Guindy info@musclecontestinternational.com www.musclecontestinternational.com	\$3,500.00
2019 WOS IFBB YAMAMOTO NUTRITION SAN ANTONIO CLASSIC MEN'S PHYSIQUE Masters Over 40	08/09-10/19	San Antonio, Texas	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	\$3,500.00 *NO PRIZE MONEY
2019 IFBB PITTSBURGH MASTERS CLASSIC MEN'S PHYSIQUE 35/40/50/60 PLEASE CONTACT THE PROMOTER FOR ALL INFORMATION	8/31/2019	Pittsburgh, Pennsylvania	Gary Udit gudit@comcast.net www.garyudit.com 412-377-1438	
2019 CLASSIC PHYSIQUE OLYMPIA	09/13-15/19	Las Vegas, Nevada	Robin Chang 866-676-2007 rchang@weiderpub.com	
2019 WOS IFBB STEELFIT USA CLASSIC MEN'S PHYSIQUE	09/20-21/19	Clearwater Beach, Florida	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	\$3,500.00
CLASSIC MEN'S PHYSIQUE	09/20-22/2019	Padova, Italy	Gian Enrico Pica gpica@v-power.sm	\$5,000.00
2019 IFBB BEN WEIDER NATURAL CLASSIC MEN'S PHYSIQUE	09/21/19	Montreal, Canada	Ron Hache ronhace@unitz.ca	
2019 IFBB ASIA GRAND PRIX CLASSIC MEN'S PHYSIQUE	09/22/19	Seoul, South Korea	Alex Hong cubeintl@gmail.com	\$10,000.00
IFBB MASTERS BALTIMORE CLASSIC MEN'S PHYSIQUE Over 35 - Over 40 - Over 50	10/26/2019	Linthicum Heights, Maryland	Richard Siegelman 410-241-5841 kutzpromo@gmail.com www.richsiegelman.com	No Prize Money
2019 IFBB WOS ROMANIA MUSCLE FEST CLASSIC MEN'S PHYSIQUE	11/02/19	Bucharest, Romania	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	
2019 IFBB DENNIS JAMES CLASSIC MEN'S PHYSIQUE	11/09/19	Frankfurt, Germany	Dennis James pro_dennisjames@yahoo.com	\$5,000.00

2019 IFBB ULTIMATE WARRIORS CLASSIC MEN'S PHYSIQUE	11/23/19	San Diego, California	Tamer El-Guindy 866-370-3011 www.musclecontest.com	\$3,500.00
2019 IFBB LEGION SPORTS FEST CLASSIC MEN'S PHYSIQUE	11/09-10/19	Long Beach, California	Chris Minnes 775-375-5438 www.legionsportsfest.com events@centerpodium.com	\$4,000.00
CLASSIC MEN'S PHYSIQUE	11/29-30/2019	Padova, Italy	Gian Enrico Pica gpica@v-power.sm	\$5,000.00
2019 IFBB BATTLE OF TEXAS CLASSIC MEN'S PHYSIQUE	12/14/19	Dallas, Texas	Freddy Naidu and Sheilahe Browne 469-693-5291 / 214-289-3300 info@battleoftx.com www.battleoftx.com	\$3,500.00

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to the IFBB Pittsburgh Pro Masters with proof of receipt.**

IFBB WHEELCHAIR	Date	City	Promoter	Prize Money
2019 IFBB TORONTO PRO SUPERSHOW WHEELCHAIR	06/01-02/19	Toronto, Canada	Ron Hache 705-561-0775 ronhache@unitz.ca www.TorontoProSupershow.com	\$6,000.00
2019 IFBB EUROPA DALLAS PRO WHEELCHAIR	06/08-09/19	Dallas, Texas	Ed and Betty Pariso BettyPariso@aol.com www.europagamesexpo.com	\$6,000.00

Women's Bodybuilding

Women's Bodybuilding	Date	City	Promoter	
2019 WOS YAMAMOTO NUTRITION IFBB PUERTO RICO WOMEN'S BODYBUILDING	05/24-27/19	San Juan, Puerto Rico	Tim Gardner 813-281-4696 tgflex.florida@gmail.com www.timgardnerproductions.com	
2019 IFBB TORONTO PRO SUPERSHOW WOMEN'S BODYBUILDING	06/01-02/19	Toronto, Canada	Ron Hache 705-561-0775 ronhache@unitz.ca www.TorontoProSupershow.com	\$6,000.00

2019 IFBB OMAHA PRO WOMEN'S BODYBUILDING	06/08/19	Omaha, Nebraska	Jack Titone 314-686-3828 titonej@aol.com www.npcmidwest.com	\$5,000.00
2019 IFBB WOS CHICAGO PRO WOMEN'S BODYBUILDING	07/04-06/19	Chicago, Illinois	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	\$9,500.00
2019 IFBB LENDA MURRAY PRO WOMEN'S BODYBUILDING	07/13/19	Norfolk, Virginia	Lenda Murray/Urel McGill 310-904-3148 msolympia8@msn.com www.lendamurraybodybuilding.com	\$5,000.00
WOS 2019 IFBB YAMAMOTO NUTRITION TAMPA PRO WOMEN'S BODYBUILDING	08/01-04/19	Tampa, Florida	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	\$9,500.00
2019 IFBB PITTSBURGH MASTERS WOMEN'S BODYBUILDING Over 35 PLEASE CONTACT THE PROMOTER FOR ALL INFORMATION	8/28/2019	Pittsburgh, Pennsylvania	Gary Udit gudit@comcast.net www.garyudit.com 412-377-1438	
2019 IFBB WOS RISING PHOENIX WORLD CHAMPIONSHIPS	09/06-07/19	Phoenix, Arizona	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	\$100,000.00
2019 IFBB WOS ROMANIA MUSCLE FEST PRO WOMEN'S BODYBUILDING	11/02/19	Bucharest, Romania	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	
WOMEN'S FITNESS	Date	City	Promoter	
FITNESS INTERNATIONAL	02/28-03/03/2019	Columbus, Ohio	James Lorimer 614-431-2600 lgreen@arnoldexpo.com www.arnoldsportsfestival.com	
2019 ARNOLD CLASSIC AUSTRALIA FITNESS	03/15-17/19	Melbourne, Australia	Tony Doherty 613-9388-0866 tony@arnoldclassic.com.au www.arnoldclassic.com.au	

2019 WOS YAMAMOTO NUTRITION IFBB PUERTO RICO FITNESS	05/24-27/19	San Juan, Puerto Rico	Tim Gardner 813-281-4696 tgflex.florida@gmail.com www.timgardnerproductions.com	
2019 IFBB TORONTO PRO SUPERSHOW FITNESS	06/01-02/19	Toronto, Canada	Ron Hache 705-561-0775 ronhache@unitz.ca	\$6,000.00
2019 IFBB MIAMI MUSCLE BEACH PRO FITNESS	06/08/19	Miami Beach, FL	Geobanny Paula 786-217-2110 www.miamifitexpo.com miamimusclebeachpro@gmail.com	\$6,000.00
2019 IFBB WOS CHICAGO PRO FITNESS	07/04-06/19	Chicago, Illinois	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	\$6,000.00
2019 IFBB VANCOUVER PRO FITNESS	07/13-14/19	Vancouver, Canada	Michelle Krack 778-878-2267 info@vancouverproshow.com	\$6,000.00
WOS 2019 IFBB YAMAMOTO NUTRITION TAMPA PRO FITNESS	08/01-04/19	Tampa, Florida	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	\$6,000.00
2019 IFBB EUROPA PHOENIX PRO FITNESS	08/10-11/19	Phoenix, Arizona	Ed and Betty Pariso BettyPariso@aol.com www.europagamesexpo.com	
2019 IFBB WOS ARIZONA PRO FITNESS	09/06-07/19	Phoenix, Arizona	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	\$6,000.00
2019 FITNESS OLYMPIA	09/13-15/19	Las Vegas, Nevada	Robin Chang 866-676-2007 rchang@weiderpub.com	
2019 IFBB BEN WEIDER NATURAL FITNESS	09/21/19	Montreal, Canada	Ron Hache ronhache@unitz.ca	

2019 IFBB WOS ROMANIA MUSCLE FEST PRO FITNESS	11/02/19	Bucharest, Romania	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	
2019 IFBB LEGION SPORTS FEST PRO FITNESS	11/09-10/19	Long Beach, California	Chris Minnes 775-375-5438 www.legionsportsfest.com events@centerpodium.com	\$4,000.00
WOMEN'S FIGURE	Date	City	Promoter	
FIGURE INTERNATIONAL	02/28-03/03/2019	Columbus, Ohio	James Lorimer 614-431-2600 lgreen@arnoldexpo.com www.arnoldsportsfestival.com	
2019 ARNOLD CLASSIC AUSTRALIA FIGURE	03/15-17/19	Melbourne, Australia	Tony Doherty 613-9388-0866 tony@arnoldclassic.com.au www.arnoldclassic.com.au	
2019 IFBB UPPER MIDWEST PRO FIGURE	03/23/19	Fargo, North Dakota	Tom Kemper info@npcuppermidwest.com	\$5,000.00
2019 IFBB EUROPA ORLANDO PRO FIGURE	04/13-14/19	Orlando, Florida	Ed and Betty Pariso BettyPariso@aol.com www.europagamesexpo.com	\$4,000.00
2019 IFBB CHAMPIONS OF POWER AND GRACE PRO MASTERS FIGURE Masters Over 35/Over 40/Over 45	04/13/19	Raleigh, North Carolina	Mike Valentino 910-790-9598 x 106 championsofpandg@gmail.com	\$500.00 each class \$250/\$150/\$100
2019 IFBB ST LOUIS PRO WOMEN'S FIGURE	04/19-20/2019	St. Louis, Missouri	Jack Titone 314-686-3828 titonej@aol.com www.npcmidwest.com	\$5,000.00
2019 IFBB PITTSBURGH PRO FIGURE	05/03-04/19	Pittsburgh, Pennsylvania	Jim Manion npcfirst@aol.com 412-276-5027	\$6,000.00
2019 IFBB NEW YORK PRO FIGURE	05/18/19	White Plains, New York	Steve Weinberger www.bevfrancis.com 516-933-1111	\$3,500.00

2019 WOS YAMAMOTO NUTRITION IFBB PUERTO RICO FIGURE	05/24-27/19	San Juan, Puerto Rico	Tim Gardner 813-281-4696 tgflex.florida@gmail.com www.timgardnerproductions.com	
2019 IFBB TORONTO PRO SUPERSHOW FIGURE	06/01-02/19	Toronto, Canada	Ron Hache 705-561-0775 ronhache@unitz.ca www.TorontoProSupershow.com	\$6,000.00
2019 IFBB EUROPA DALLAS PRO FIGURE	06/08-09/19	Dallas, Texas	Ed and Betty Pariso BettyPariso@aol.com www.europagamesexpo.com	\$4,000.00
2019 IFBB BATTLE IN THE DESERT PRO FIGURE Masters Figure	06/29/19	Las Vegas, Nevada	Ted Williamson/John Tuman/Patrick Sampson tedwm@aol.com/bbspy@aol.com www.spectrumfitnessproductions.com	\$6,000.00 \$1,000.00
2019 IFBB WOS CHICAGO PRO FIGURE	07/04-06/19	Chicago, Illinois	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	\$6,000.00
2019 IFBB VANCOUVER PRO FIGURE	07/13-14/19	Vancouver, Canada	Michelle Krack 778-878-2267 info@vancouverproshow.com www.vancouverproshow.com	\$6,000.00
2019 IFBB LENDA MURRAY PRO FIGURE	07/13/19	Norfolk, Virginia	Lenda Murray/Urel McGill 310-904-3148 msolympia8@msn.com www.lendamurraybodybuilding.com	\$5,000.00
2019 IFBB LOS ANGELES PRO FIGURE MASTERS 40+	07/20/19	Los Angeles, California	Tamer El-Guindy 866-370-3011 www.musclecontest.com	\$3,500.00 \$1,750.00
2019 IFBB PORTUGAL PRO FIGURE	07/21/19	Lisbon, Portugal	Sandra Ferreira ambdesportivos@gmail.com	
WOS 2019 IFBB YAMAMOTO NUTRITION TAMPA PRO FIGURE Masters Over 40	08/01-04/19	Tampa, Florida	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	\$6,000.00 *No Prize Money

WOS 2019 IFBB YAMAMOTO NUTRITION SAN ANTONIO MASTERS PRO FIGURE Over 40	08/09-10/19	San Antonio, Texas	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	*No Prize Money
2019 IFBB PITTSBURGH MASTERS FIGURE 35/40/45/50/55/60 PLEASE CONTACT THE PROMOTER FOR ALL INFORMATION	8/28/2019	Pittsburgh, Pennsylvania	Gary Udit gudit@comcast.net www.garyudit.com 412-377-1438	
2019 IFBB WOS ARIZONA PRO FIGURE	09/06-07/19	Phoenix, Arizona	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	\$6,000.00
2019 FIGURE OLYMPIA	09/13-15/19	Las Vegas, Nevada	Robin Chang 866-676-2007 rchang@weiderpub.com	
2019 WOS IFBB STEELFIT USA MASTERS PRO FIGURE OVER 40	09/20-21/19	Clearwater Beach, Florida	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	*No Prize Money
2019 IFBB BEN WEIDER NATURAL FIGURE	09/21/19	Montreal, Canada	Ron Hache ronhace@unitz.ca	
2019 IFBB BORDER STATES XXXVII PRO FIGURE	10/05/19	San Diego, California	Tamer El-Guindy 866-370-3011 www.musclecontest.com	\$3,500.00
IFBB MASTERS BALTIMORE PRO FIGURE Over 35 - Over 40 - Over 50	10/26/2019	Linthicum Heights, Maryland	Richard Siegelman 410-241-5841 kutzpromo@gmail.com www.richsiegelman.com	No Prize Money
2019 IFBB WOS ROMANIA MUSCLE FEST PRO FIGURE	11/02/19	Bucharest, Romania	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	
2019 IFBB LEGION SPORTS FEST PRO FIGURE	11/09-10/19	Long Beach, California	Chris Minnes 775-375-5438 www.legionsportsfest.com	\$4,000.00

events@centerpodium.com

*Top 5 from each class will be presented with awards.
First place will receive up to \$300 flight reimbursement
to the IFBB Pittsburgh Pro Masters with proof of receipt.

WOMEN'S BIKINI

	Date	City	Promoter	
2019 IFBB LEGEND'S BIKINI	02/09/19	Las Vegas, Nevada	Tamer El-Guindy 866-370-3011 www.musclecontest.com	\$3,500.00
2019 IFBB SHERU CLASSIC BIKINI	02/15-17/2019	Medelin, Colombia	Sheru Angrish sheru@sheruclassic.com	\$3,500.00
2019 IFBB MUSCLECONTEST JAPAN BIKINI	02/24/19	Kawasaki, Japan	Tamer El Guindy info@musclecontestinternational.com www.musclecontestinternational.com	\$3,500.00
BIKINI INTERNATIONAL	02/28-03/03/2019	Columbus, Ohio	James Lorimer 614-431-2600 lgreen@arnoldexpo.com www.arnoldsportsfestival.com	
2019 ARNOLD CLASSIC AUSTRALIA BIKINI	03/15-17/19	Melbourne, Australia	Tony Doherty 613-9388-0866 tony@arnoldclassic.com.au www.arnoldclassic.com.au	
2019 IFBB WORLD KLASH PRO BIKINI	03/23/19	Aiken, South Carolina	Joe Pishkula 937-536-9581 jpishkula@gmail.com www.theklash.com	\$12,500.00
2019 IFBB SAN DIEGO PRO BIKINI	03/30/19	San Diego, California	Tamer El-Guindy 866-370-3011 www.musclecontest.com	\$3,500.00
2019 IFBB GOVERNORS CUP PRO BIKINI	03/30/19	Sacramento, California	Ted Williamson/John Tuman tedwm@aol.com/bbspy@aol.com www.spectrumfitnessproductions.com	\$3,500.00

2019 IFBB INDY PRO BIKINI	03/30/19	Indianapolis, Indiana	Dave Bowers 317-619-3807 davebowersnpc@gmail.com	\$3,500.00
2019 IFBB SALT CITY SHOWDOWN PRO BIKINI	04/13/19	Salt Lake City, Utah	Robyn Maher 801-995-1163 showdown@fitcon.com, www.saltcityshowdown.com	
2019 IFBB CHAMPIONS OF POWER AND GRACE PRO MASTERS BIKINI Masters Over 35/Over 40/Over 45	04/13/19	Raleigh, North Carolina	Mike Valentino 910-790-9598 x 106 championsofpandg@gmail.com	\$500.00 each class \$250/\$150/\$100
2019 IFBB ST LOUIS PRO BIKINI	04/19-20/2019	St. Louis, Missouri	Jack Titone 314-686-3828 titonej@aol.com www.npcmidwest.com	\$3,500.00
2019 MUSCLECONTEST NACIONAL PRO BIKINI	04/27-28/19	Sao Paulo, Brazil	Tamer El Guindy info@musclecontestinternational.com www.musclecontestinternational.com	\$3,500.00
2019 IFBB BIG MAN WEEKEND PRO BIKINI	04/27-28/2019	Alicante, Spain	Emilio Martinez emiliosteam@icloud.com	\$5,000.00
2019 IFBB PITTSBURGH PRO BIKINI	05/03-04/19	Pittsburgh, Pennsylvania	Jim Manion npcfirst@aol.com 412-276-5027	\$6,000.00
2019 IFBB BATTLE AT THE FALLS PRO BIKINI	5/11/2019	Sioux Falls, South Dakota	Jack Titone titonej@aol.com www.npcmidwest.com	\$3,500.00
2019 IFBB GOLD PRO BIKINI	05/11-12/2019	Delhi, India	Umesh Patel umesh@goldclassicworldwide.com	\$5,000.00
2019 IFBB NEW YORK PRO BIKINI	05/18/19	White Plains, New York	Steve Weinberger www.bevfrancis.com 516-933-1111	\$3,500.00
2019 WOS YAMAMOTO NUTRITION IFBB PUERTO RICO BIKINI	05/24-27/19	San Juan, Puerto Rico	Tim Gardner 813-281-4696 tgflex.florida@gmail.com www.timgardnerproductions.com	
2019 IFBB OPTIMUM CLASSIC PRO BIKINI	05/25/19	Shreveport, Louisiana	Robert "Supermann" Blount	\$3,500.00

Masters Over 35			bfitforlife@aol.com www.optimumclassic.com 318-347-2208	\$500.00 1st Place Only
2019 IFBB MILE HIGH PRO BIKINI	06/01/19	Denver, Colorado	Jeff Taylor 303-668-8578 jtnpc@comcast.net	\$3,500.00
2019 IFBB TORONTO PRO SUPERSHOW BIKINI	06/01-02/19	Toronto, Canada	Ron Hache 705-561-0775 ronhache@unitz.ca www.TorontoProSupershow.com	\$6,000.00
2019 IFBB MIAMI MUSCLE BEACH PRO BIKINI	06/08/19	Miami Beach, FL	Geobanny Paula 786-217-2110 www.miamifitexpo.com miamimusclebeachpro@gmail.com	\$3,500.00
2019 IFBB NORTHERN CALIFORNIA PRO BIKINI	06/08/19	Sacramento, California	Ted Williamson/John Tuman tedwm@aol.com/bbspy@aol.com www.spectrumfitnessproductions.com	\$3,500.00
2019 IFBB GREATER GULF PRO BIKINI	06/22/19	New Orleans, Louisiana	Luke Tesvich www.louisianamuscle.com	
2019 IFBB WOS CHICAGO PRO BIKINI	07/04-06/19	Chicago, Illinois	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	\$3,500.00
2019 IFBB PATRIOTS CHALLENGE BIKINI	07/06/19	Las Vegas, Nevada	Tamer El-Guindy 866-370-3011 www.musclecontest.com	\$3,500.00
2019 IFBB VANCOUVER PRO BIKINI	07/13-14/19	Vancouver, Canada	Michelle Krack 778-878-2267 info@vancouverproshow.com www.vancouverproshow.com	\$4,000.00
2019 IFBB PORTUGAL PRO BIKINI	07/21/19	Lisbon, Portugal	Sandra Ferreira ambdesportivos@gmail.com	
2019 IFBB PRESTIGE CRYSTAL CUP PRO MASTERS BIKINI	07/27/19	Boca Raton, Florida	Andres Miller 954-326-8821 qcbbpromotions@gmail.com www.qcbbpromotions.com	\$500.00 First Place Only

WOS 2019 IFBB YAMAMOTO NUTRITION TAMPA PRO BIKINI Masters Over 40	08/01-04/19	Tampa, Florida	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	\$3,500.00 *No Prize Money
WOS 2019 IFBB YAMAMOTO NUTRITION SAN ANTONIO PRO BIKINI Masters Over 40	08/09-10/19	San Antonio, Texas	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	\$3,500.00 *No Prize Money
2019 IFBB PACIFIC USA XXII BIKINI	08/17/19	San Diego, California	Tamer El-Guindy 866-370-3011 www.musclecontest.com	\$3,500.00
2019 IFBB PORTLAND CLASSIC PRO BIKINI Masters	08/17/19	Portland, Oregon	Ted Williamson/John Tuman tedwm@aol.com/bbspy@aol.com www.spectrumfitnessproductions.com	\$3,500.00 \$1,000.00
2019 IFBB PITTSBURGH MASTERS BIKINI 35/40/45/50 PLEASE CONTACT THE PROMOTER FOR ALL INFORMATION	8/28/2019	Pittsburgh, Pennsylvania	Gary Udit gudit@comcast.net www.garyudit.com 412-377-1438	
2019 IFBB WOS ARIZONA PRO BIKINI	09/06-07/19	Phoenix, Arizona	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	\$3,500.00
2019 BIKINI OLYMPIA	09/13-15/19	Las Vegas, Nevada	Robin Chang 866-676-2007 rchang@weiderpub.com	
2019 WOS IFBB STEELFIT USA BIKINI Masters Over 40	09/20-21/19	Clearwater Beach, Florida	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	\$3,500.00 *No Prize Money
PRO CONTEST PADOVA BIKINI	09/20-22/2019	Padova, Italy	Gian Enrico Pica gpica@v-power.sm	\$5,000.00
2019 IFBB BEN WEIDER NATURAL BIKINI	09/21/19	Montreal, Canada	Ron Hache ronhace@unitz.ca	
2019 IFBB ASIA GRAND PRIX PRO BIKINI	09/22/19	Seoul, South Korea	Alex Hong cubeintl@gmail.com	\$10,000.00

2019 IFBB POWERHOUSE CLASSIC PRO BIKINI	09/28/19	Ypsilanti, Michigan	Will Dabish/Victor Dabish/Remi Bruyninga 248-476-2888 or 734-730-0351 npc@powerhousegym.com ifbb@powerhousegym.com elitefitcenter123@yahoo.com	\$3,500.00
2019 IFBB MUSCLECONTEST PHILIPPINES BIKINI	09/28-29/19	Subic Bay, Philippines	Tamer El Guindy info@musclecontestinternational.com www.musclecontestinternational.com	\$3,500.00
2019 IFBB SAN ANTONIO CLASSIC PRO BIKINI Masters	10/19/19	San Antonio, Texas	Ted Williamson/John Tuman tedwm@aol.com/bbspy@aol.com www.spectrumfitnessproductions.com	\$3,500.00 \$1,000.00
2019 IFBB MONSTERZYM PRO BIKINI	10/19-20/2019	Seoul, South Korea	Steve Kim sungyeobkim@gmail.com	\$6,000.00
IFBB MASTERS BALTIMORE PRO BIKINI Over 35 - Over 40 - Over 50	10/26/2019	Linthicum Heights, Maryland	Richard Siegelman 410-241-5841 kutzpromo@gmail.com www.richsiegelman.com	No Prize Money
2019 IFBB IOWA PRO BIKINI	11/02/19	Des Moines, Iowa	Jack Titone 314-686-3828 titonej@aol.com www.npcmidwest.com	\$3,500.00
2019 IFBB SACRAMENTO PRO BIKINI	11/02/19	Sacramento, California	Ted Williamson/John Tuman tedwm@aol.com/bbspy@aol.com www.spectrumfitnessproductions.com	\$3,500.00
2019 IFBB WOS ROMANIA MUSCLE FEST PRO BIKINI	11/02/19	Bucharest, Romania	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	
2019 IFBB IRON GAMES PRO BIKINI Masters 40+	11/09/19	Los Angeles	Tamer El-Guindy 866-370-3011 www.musclecontest.com	\$3,500.00 \$1,750.00
2019 IFBB JAPAN PRO BIKINI	11/17/19	Tokyo, Japan	Hidetada Yamagishi hideproductions@gmail.com	\$10,000.00
2019 SANYO PRO BIKINI	11/28-12/01/2019	Sanya, China	Caleb Sun	\$20,000.00

PRO BIKINI	11/29-30/2019	Padova, Italy	Gian Enrico Pica gpica@v-power.sm	\$5,000.00
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*Top 5 from each class will be presented with awards.
First place will receive up to \$300 flight reimbursement
to the IFBB Pittsburgh Pro Masters with proof of receipt.

WOMEN'S PHYSIQUE

Event	Date	City	Promoter	Prize
WOMEN'S PHYSIQUE INTERNATIONAL	02-28-03/03/2019	Columbus, Ohio	James Lorimer 614-431-2600 lgreen@arnoldexpo.com www.arnoldsportsfestival.com	
2019 IFBB CHAMPIONS OF POWER AND GRACE PRO MASTERS WOMEN'S PHYSIQUE Masters Over 35/Over 40/Over 45	04/13/19	Raleigh, North Carolina	Mike Valentino 910-790-9598 x 106 championsofpandg@gmail.com	\$500.00 each class \$250.00/\$150.00/\$100.00
2019 IFBB ST LOUIS PRO WOMEN'S PHYSIQUE	04/19-20/2019	St. Louis, Missouri	Jack Titone 314-686-3828 titonej@aol.com www.npcmidwest.com	\$3,500.00
2019 WOS YAMAMOTO NUTRITION IFBB PUERTO RICO WOMEN'S PHYSIQUE	05/24-27/19	San Juan, Puerto Rico	Tim Gardner 813-281-4696 tgflex.florida@gmail.com www.timgardnerproductions.com	
2019 IFBB OPTIMUM CLASSIC PRO WOMEN'S PHYSIQUE	05/25/19	Shreveport, Louisiana	Robert "Supermann" Blount bfitforlife@aol.com www.optimumclassic.com 318-347-2208	\$3,500.00
2019 IFBB TORONTO PRO SUPERSHOW PRO WOMEN'S PHYSIQUE	06/01-02/19	Toronto, Canada	Ron Hache 705-561-0775 ronhache@unitz.ca www.TorontoProSupershow.com	\$6,000.00
2019 IFBB OMAHA PRO WOMEN'S PHYSIQUE	06/08/19	Omaha, Nebraska	Jack Titone 314-686-3828 titonej@aol.com www.npcmidwest.com	\$3,500.00

2019 IFBB SAN JOSE PRO WOMEN'S PHYSIQUE	06/29/19	San Jose, California	Steve O'Brien and George Jackson 408-384-9039 www.musclesportproductions.com	\$4,000.00
2019 IFBB WOS CHICAGO PRO WOMEN'S PHYSIQUE	07/04-06/19	Chicago, Illinois	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	\$3,500.00
2019 IFBB VANCOUVER PRO WOMEN'S PHYSIQUE	07/13-14/19	Vancouver, Canada	Michelle Krack 778-878-2267 info@vancouverproshow.com www.vancouverproshow.com	\$4,000.00
2019 IFBB PORTUGAL PRO WOMEN'S PHYSIQUE	07/21/19	Lisbon, Portugal	Sandra Ferreira ambdesportivos@gmail.com	
2019 IFBB PRESTIGE CRYSTAL CUP PRO WOMEN'S PHYSIQUE Masters Over	07/27/19	Boca Raton, Florida	Andres Miller 954-326-8821 qcbbpromotions@gmail.com www.qcbbpromotions.com	\$3,500.00 ** No Prize Money
WOS 2019 IFBB YAMAMOTO NUTRITION TAMPA PRO WOMEN'S PHYSIQUE	08/01-04/19	Tampa, Florida	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	\$3,500.00
2019 IFBB PITTSBURGH MASTERS WOMEN'S PHYSIQUE 35/40/45/50/55/60 PLEASE CONTACT THE PROMOTER FOR ALL INFORMATION	8/28/2019	Pittsburgh, Pennsylvania	Gary Udit gudit@comcast.net www.garyudit.com	
2019 IFBB WOS ARIZONA PRO WOMEN'S PHYSIQUE	09/06-07/19	Phoenix, Arizona	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	\$3,500.00
2019 OLYMPIA WOMEN'S PHYSIQUE SHOWDOWN	09/13-15/19	Las Vegas, Nevada	Robin Chang 866-676-2007 rchang@weiderpub.com	
2019 WOS IFBB STEELFIT USA MASTERS WOMEN'S PHYSIQUE OVER 40	09/20-21/19	Clearwater Beach, Florida	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	*No Prize Money *No Prize Money

2019 IFBB BEN WEIDER NATURAL WOMEN'S PHYSIQUE	09/21/19	Montreal, Canada	Ron Hache ronhace@unitz.ca	
IFBB MASTERS BALTIMORE PRO WOMEN'S PHYSIQUE Over 35 - Over 40 - Over 50	10/26/2019	Linthicum Heights, Maryland	Richard Siegelman 410-241-5841 kutzpromo@gmail.com www.richsiegelman.com	No Prize Money
2019 IFBB WOS ROMANIA MUSCLE FEST PRO WOMEN'S PHYSIQUE	11/02/19	Bucharest, Romania	Tim Gardner 813-243-7800 tgflex.florida@gmail.com www.timgardnerproductions.com	
2019 IFBB LEGION SPORTS FEST PRO WOMEN'S PHYSIQUE	11/09-10/19	Long Beach, California	Chris Minnes 775-375-5438 www.legionsportsfest.com events@centerpodium.com	\$4,000.00

***Top 5 from each class will be presented with awards.**

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**** First place will receive up to 400 flight reimbursement to the Masters Pro with receipt**

End