



AMENDMENTS TO IFBB PRO RULES

At a meeting of the IFBB PROFESSIONAL Division, held at the Mandalay Bay Resort & Casino, Las Vegas, Nevada, USA, on Wednesday, October 27, 2004, at which the following officials were present:

Jim Manion	Vice Chairman, IFBB Pro Division Director, IFBB Pro Judging
Jim Rockell	Men's Representative
Rob Wilkins	Athlete Liaison (The Americas)
Pawel Filleborn	Athlete Liaison (Europe)
Vince Scalisi	Media Representative
Peter McGough	Media Representative
Betty Pariso	Athlete Representative (Bodybuilding)
Kelly Ryan	Athlete Representative (Fitness)
Jenny Lynn	Athlete Representative (Figure)
Axel Bauer	Official*
Art Bedway	Official*
Bev Francis	Official*
Stanislav Pesat	Official*
Steve Weinberger	Official*

**attended meeting as Observer*

the following amendments to the IFBB PRO RULES (2003 Edition) were approved:

AMENDMENT #1

THAT Article 30.4.3 (Procedures for the Finals: Women's Fitness) be amended as follows:

In Round Three, the two-minute routine may be choreographed to one or more pieces of music (competitor's choice).

Further, that this amendment shall become effective January 1, 2005.

**Article 30.4.3 used to read: "The routine shall have music changes at the 40-second and 80-second points."*

AMENDMENT #2

THAT Article 27.4.2 (Competitor Attire: Women's Fitness) be amended as follows:

In Round Two, competitors shall wear a two-piece bikini, the color and style of which shall be at the competitor's discretion. The bikini must cover a minimum of one-half of the buttocks area. G-strings are strictly prohibited. Footwear (high-heels) shall be worn.

Further, that this amendment shall become effective January 1, 2005.

**Article 27.4.2 used to read: "Footwear shall not be worn."*

AMENDMENT #3

THAT Article 25.1 (Judging Attire: Male) and 25.2 (Judging Attire: Female) be amended as follows:

That the judging attire for men shall consist of a black suit (jacket and pants), white shirt and IFBB tie, black socks and black dress shoes.

That the judging attire for women shall consist of a black suit (jacket and pants, or skirt), white shirt and IFBB tie, or white blouse, and black dress shoes.

Further, that this amendment shall become effective January 1, 2005.

**Article 30.4.4 used to read: Blue blazer with IFBB crest on the left-breast pocket and grey pants (for men); grey pants or grey skirt (for women).*

Note: Where the wearing of Relaxed Dress is approved pursuant to Article 25.4 (at Prejudging), the attire shall be a black golf or polo shirt with the IFBB Professional Division logo on the left breast [pocket], black dress pants, black socks and black dress shoes.

OTHER AMENDMENTS1

The following amendments to the IFBB Professional Rules were pre-approved by the IFBB Professional Division and became effective October 27, 2004:

1. An amendment to Article 28.5.8 (Procedures for the Prejudging) and all other relevant articles, adding the "**Most Muscular**" pose (best pose) as the 8th compulsory pose for Men's Bodybuilding.
2. An amendment to Article 28.5 (Procedures for the Prejudging: Men) and 29.3 (Procedures for the Prejudging: Women), inserting the following text:

Before Round One, each competitor will be called onstage individually and in numerical order to perform the eight (8) Compulsory Poses.

Note: This preliminary assessment will not be scored.

OTHER AMENDMENTS2

The following amendments to the IFBB Professional Rules were pre-approved by the IFBB Professional Division and shall become effective January 1, 2005:

1. An amendment to Article 9.1.2 (Mr. Olympia Qualifications) to read:

The top 6 finalists from the Arnold Classic

**This used to read: "top 5 finalists"*

2. An amendment to Article 9.1.3 (Mr. Olympia Qualifications) to read:

The top 5 finalists from the same year's New York Men's Professional

**This used to read: "Night of Champions"*

3. An amendment to Article 9.2.2 (Ms. Olympia Qualifications) to read:

The top 3 per weight division from the same year's Ms. International

**This used to read: "top 2 per weight division"*

4. An amendment to Article 9.2.3 (Ms. Olympia Qualifications) to read:

The winner from each weight division from any other

competition held subsequent to the previous year's Ms. Olympia

**This used to read: "top 2 per weight division"*

5. An amendment to Article 9.3.2 (Fitness Olympia Qualifications) to read:

The top 5 from the same year's Fitness International

**This used to read: "top 3 finalists"*

6. An amendment to Article 9.4.2 (Figure Olympia Qualifications) to read:

The top 5 from the same year's Figure International

**This used to read: "top 3 finalists"*

7. An amendment to Article 9.5.2 (Olympia Qualification: Additional Factors) to read:

The IFBB shall have the right to increase or decrease the number of qualifying competitors from any professional bodybuilding, fitness or figure competition.

**This used to read: "The IFBB shall have the right to expand the number of qualifying competitors from any professional bodybuilding competition because of a limited number of competitions in that calendar year."*