

2005 ANNUAL REPORT

Lots of Changes in 2005!

THE 2004 IFBB PRO DIV ANNUAL REPORT: AN UNEXPECTED HIT WORLDWIDE!

The first IFBB Pro Division annual report since the new Management Team took over in May 2004 was an instant success among the 55 countries attending the 58th IFBB Men's World Amateur Bodybuilding Championships and IFBB International Congress in Moscow, Russia (November 3-8, 2004) and with the 174 affiliated National Federations.

The IFBB received thousands of congratulatory faxes and e-mails from around the world on the highly informative nature of the report.

JIM MANION (USA): "CHAIRMAN OF THE BOARD"



JIM MANION (USA)

Chairman,
Pro Division
Director,
Pro Judging
IFBB Assistant
General Secretary
IFBB Vice President
for North America
Chairman, NPC

On April 4, 2005, IFBB President Ben Weider, CM, CQ, SBStJ, PhD named Jim Manion (USA) as Chairman of the IFBB Professional Division.

Said President Weider, "I have known Jim for almost 30 years. He brings to the IFBB Professional Division a depth of knowledge, skill, experience and expertise unequalled in the sport. Jim is a loyal, trustworthy, dedicated, and highly motivated IFBB official - passionate about the sport; well-respected by both the business and sport community; and excited about the future development of professional bodybuilding, fitness and figure within the IFBB."

CONGRATULATIONS JIM!

Jim Manion
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Coming to New York April 15, 2006

Pro Masters
World Championships

Promoted by Steve Weinberger



IFBB
Professional Division
2004 ANNUAL REPORT
The Big News in 2004!

IFBB ANNOUNCES NEW PROFESSIONAL DIVISION MANAGEMENT TEAM

Montréal, Canada, May 20, 2004: The International Federation of BodyBuilders (IFBB) is pleased to announce a restructuring of its Professional Division with the appointment of Eric Weider (USA) as Chairman and Jim Manion (USA) as Vice Chairman and Director Pro Judging.

Also appointed to the new IFBB Professional Division Management Team were Tony Blinn (Canada) as General Secretary and Rafael Santonja (Spain) as European Pro Director.

IFBB AND AMERICAN MEDIA INC PARTNER TO PRODUCE THE OLYMPIA

Montréal, Canada, May 20, 2004: Ben Weider, President of the International Federation of BodyBuilders (IFBB), and David Pecker, Chairman, President and CEO of American Media Inc., announced today that the two companies will be forming a joint venture to produce one of bodybuilding's best known professional events, the Joe Weider Olympia competition. The 2004 event will be staged at the Mandalay Bay Resort & Casino, Las Vegas, Nevada, October 27th-31st.

Eric Weider is Chairman of the board of directors of Weider Nutrition International Inc, President and CEO of Weider Health & Fitness, and IFBB General Secretary.

Jim Manion is Chairman of the National Physique Committee (USA), IFBB Assistant General Secretary, and IFBB Vice President North America.

Both Eric and Jim bring an unparalleled wealth of knowledge, experience and expertise to the IFBB Professional Division, remarked IFBB President Ben Weider. They are dedicated,

DAVID PECKER (AMERICAN MEDIA) AND BEN WEIDER (IFBB) SIGNING

On behalf of the IFBB and the IFBB Professional Management Team, we hope you find the 2005 report just as informative.

PRO ADVISORY NOTICE: MUSCULARITY

First published December 6, 2004: For aesthetics and health reasons, the IFBB Professional Division requests that female athletes in Bodybuilding, Fitness and Figure decrease the amount of muscularity by a factor of 20%.



PRO ADVISORY NOTICE: SYMMETRY & AESTHETICS

First published April 13, 2005: With a mandate from President Ben Weider, the Professional Committee and a team of expert advisors recently evaluated the issues associated with muscular development, such as size, shape, density, separation and definition, in relation to symmetry and natural aesthetics.



Certain objective criteria are involved in assessing symmetry and natural aesthetics in competitive bodybuilding. Of great significance

are the qualities of balance, proportion and the overall “flow” of the physique, including classic attributes such as a dramatic “V-taper”; from broad shoulders and a wide back to a streamlined waist and a flat, muscular abdomen. In addition, there should be balance between upper and lower body development, and harmony between the left and right sides of the body. These characteristics have been the hallmark of a bodybuilder’s physique for decades, and it is the intent of this Advisory Notice to reaffirm their significance.

Distended abdomens and distorted muscles negatively impact upon symmetry and natural aesthetics and, therefore, detract from the overall physique. Athletes and judges are advised that muscle size at the expense of symmetry and natural aesthetics will not be assessed favorably.

IFBB PROFESSIONAL COMMITTEE		
NAME	COUNTRY	POSITION
Jim MANION	USA	Chairman
Tony BLINN	Canada	Secretary
Rafael SANTONJA	Spain	European Pro Director
Jim ROCKELL	USA	Men’s Representative
Sandy RANALLI	USA	Women’s Representative
Rob WILKINS	USA	Athlete Liaison (The Americas)
Pawel FILLEBORN	Poland	Athlete Liaison (Europe)
Peter McGOUGH	USA	Media Representative
Steve WEINBERGER	USA	Promoter Representative
Dr. Bob GOLDMAN	USA	Medical Advisor
Rick COLLINS	USA	Legal Advisor
Bob CICHERILLO	USA	Athlete Representative (Bodybuilding)
Betty PARISO	USA	Athlete Representative (Bodybuilding)
TBA		Athlete Representative (Fitness)
Jenny LYNN	USA	Athlete Representative (Figure)

THE ALL NEW “NEW YORK PRO”

Congratulations to Steve Weinberger and crew on a magnificent job of promoting the first **New York Pro** show on May 21. 32 men and 14 women competed, with the top 5 men and top woman (in each category) qualifying for the 2005 Olympia competitions in Las Vegas.





www.2005olympia.com

OLYMPIA PRIZE MONEY

	2005	2004
Mr. Olympia	\$550,000*	\$399,000
Ms. Olympia	\$71,000	\$61,000
Fitness Olympia	\$55,000	\$50,000
Figure Olympia	<u>\$35,000</u>	<u>\$30,000</u>
	\$711,000	\$540,000

*includes Challenge Round (\$50,000), Wildcard Showdown (\$10,000) and Best Wheels Prize (\$10,000)

WILDCARD SHOWDOWN



The *Mr. Olympia Wildcard Showdown*: an 11th hour chance to qualify for the Mr. Olympia. Open to top ten finishers at IFBB pro contests in the current competitive season (2004 Mr. Olympia and all competitions thereafter). Winner-take-all cash prize of \$10,000 and the right to compete in the Mr. Olympia *only 24 hours later!*

CHALLENGE ROUND

The Challenge Round, which was instituted at the 2004 Mr. Olympia contest, will this year have no bearing on the scoring of the Olympia itself, instead becoming its own "contest within a contest," with cash prizes totalling \$50,000.

2005 MR. OLYMPIA



On the 40th anniversary of Joe Weider's Mr. Olympia, Ronnie Coleman captured his 8th Olympia crown, tying the record set by Lee Haney (1984-1991). In this victory photograph, Ronnie is flanked on his right by David Pecker, Chairman, President and CEO of American Media Inc, and, on his left, by Ben Weider, CM, CQ, SBSJ, PhD, IFBB Co-Founder and President

2005 MS. OLYMPIA



The top 5 finalists at the 2005 Ms Olympia
Brenda Raganot (USA), Iris Kyle (USA), Yaxeni Oriquen (Venezuela), Dayana Cadeau (Canada), Jitka Harazimova (Czech Republic)

2005 FITNESS OLYMPIA



The top 5 finalists at the 2005 Fitness Olympia
Julie Palmer (USA), Adela Garcia (USA), Jenny Hendershott (USA), Kim Klein (USA), Tracey Greenwood (USA)

2005 FIGURE OLYMPIA



The top 5 finalists at the 2005 Figure Olympia
Amber Littlejohn (USA), Monica Brant-Peckham (USA), Davana Medina (USA), Jenny Lynn (USA), Mary Elizabeth Lado (USA)

Your 2005 Olympia Qualifiers

MEN'S BODYBUILDING

Joe Weider's Mr. Olympia Las Vegas, USA, Oct 30, 2004

- 1 Ronnie Coleman
- 2 Jay Cutler
- 3 Gustavo Badell
- 4 Dexter Jackson
- 5 Markus Ruhl
- 6 Gunter Schlierkamp

Grand Prix of Russia

Moscow, Russia, Nov 5, 2004

- 1 Ronnie Coleman
- 2 Alexander Federov
- 4 Mike Sheridan
- 3 Sergey Tsikunkov*

*does not qualify due to amateur status

Grand Prix of Holland

Amsterdam, Netherlands, Nov 6, 2004

- 1 Ronnie Coleman
- 2 Chris Cormier
- 3 Mustafa Mohammad

Grand Prix of England

London, England, Nov 7, 2004

- 1 Ronnie Coleman
- 2 Chris Cormier
- 3 Chris Dim

Ironman Pro

Pasadena, USA, Feb 19, 2005

- 1 Gustavo Badell
- 2 Lee Priest
- 3 Troy Alves

Arnold Classic

Columbus, USA, Mar 5, 2005

- 1 Dexter Jackson
- 2 Chris Cormier
- 3 Gustavo Badell
- 4 Lee Priest
- 5 Melvin Anthony
- 6 Darrem Charles

San Francisco Pro

San Francisco, USA, Mar 12, 2005

- 1 Chris Cormier
- 2 Dexter Jackson
- 3 Melvin Anthony

Australia Pro

Melbourne, Australia, Mar 20, 2005

- 1 Lee Priest
- 2 Chris Cormier
- 3 Ronnie Rockel

New York Pro

New York, USA, May 21, 2005

- 1 Darrem Charles
- 2 Ahmad Haidar
- 3 Victor Martinez
- 4 Craig Richardson
- 5 Capriese Murray

Toronto Pro

Toronto, Canada, Jun 4, 2005

- 1 Darrem Charles
- 2 Johnnie Jackson
- 3 Ahmad Haidar

Europa Supershow

Arlington, USA, Sep 17, 2005

- 1 Branch Warren
- 2 Johnnie Jackson
- 3 Quincy Taylor

Charlotte Pro

Charlotte, USA, Oct 1, 2005

- 1 Branch Warren
- 2 Dennis James
- 3 George Farah

WOMEN'S BODYBUILDING

Joe Weider's Ms. Olympia Las Vegas, USA, Oct 29, 2004

- 1 Dayana Cadeau
- 2 Denise Masino
- 3 Marja Lehtonen
- 1 Iris Kyle
- 2 Lenda Murray
- 3 Yaxeni Oriquen

Ms. International

Columbus, USA, Mar 4, 2005

- 1 Brenda Raganot
- 2 Mah-Ann Mendoza
- 3 Desiree Ellis
- 1 Yaxeni Oriquen
- 2 Betty Viana
- 3 Betty Pariso

New York Pro

New York, USA, May 21, 2005

- 1 Rosemary Jennings
- 1 Annie Rivieccio

Europa Supershow

Arlington, USA, Sep 17, 2005

- 1 Tonia Williams
- 1 Bonny Priest

Charlotte Pro

Charlotte, USA, Oct 1, 2005

- 1 Antoinette Norman
- 1 Jitka Harazimova

FITNESS

Fitness Olympia

Las Vegas, USA, Oct 29, 2004

- 1 Adela Garcia-Friedmansky
- 2 Jenny Hendershott
- 3 Kelly Ryan
- 4 Kim Klein
- 5 Tracey Greenwood-Krakowiak

Fitness International

Columbus, USA, Mar 4, 2005

- 1 Jen Hendershott
- 2 Adela Garcia-Friendmansky
- 3 Kim Klein
- 4 Kelly Ryan
- 4 Stacy Hylton

New York Pro

New York, USA, Mar 19, 2005

- 1 Kim Klein
- 2 Julie Palmer
- 3 Debbie Czempinski

Emerald Cup

Bellevue, USA, Apr 29, 2005

- 1 Tanji Johnson
- 2 Julie Childs
- 3 Tracey Greenwood-Krakowiak

Europa Supershow

Arlington, USA, Sep 17, 2005

- 1 Tracey Greenwood
- 2 Stacy Simons
- 3 Mindi O'Brien

Charlotte Pro

Charlotte, USA, Oct 1, 2005

- 1 Julie Palmer
- 2 Tracey Greenwood
- 3 Mindi O'Brien
- 4 Angela Monteleone-Semski

FIGURE

Figure Olympia

Las Vegas, USA, Oct 29, 2004

- 1 Davana Medina
- 2 Jenny Lynn
- 3 Monica Brant
- 4 Jamie Franklin
- 5 Amber Littlejohn

Figure International

Columbus, USA, Mar 4, 2005

- 1 Jenny Lynn
- 2 Monica Brant-Peckham
- 3 Mary Elizabeth Lado
- 4 Christine Pomponia-Pate
- 5 Latisha Wilder

San Francisco Pro

San Francisco, USA, Mar 12, 2005

- 1 Jenny Lynn
- 2 Monica Brant-Peckham
- 3 Christine Pomponia-Pate
- 4 Chastity Stone*

*top 3 already qualified therefore 4th qualifies

Pittsburgh Pro

Pittsburgh, USA, May 7, 2005

- 1 Mary Elizabeth Lado
- 2 Shannon Meteraud
- 3 Latisha Wilder

Eastern Seaboard Pro

Atlanta, USA, May 14, 2005

- 1 Shannon Meteraud
- 2 Tara Scotti
- 3 Michelle Adams

California Pro

Culver City, USA, May 28, 2005

- 1 Mary Elizabeth Lado
- 2 Amber Littlejohn
- 3 Michelle Adams

Toronto Pro

Toronto, Canada, Jun 4, 2005

- 1 Tara Scotti
- 2 Deborah Leung
- 3 Jane Awad

New York Pro

New York, USA, Aug 6, 2005

- 1 Davana Medina
- 2 Jennifer Searles
- 3 Chandra Coffey

North American Pro

Cleveland, USA, Sep 3, 2005

- 1 Jane Awad
- 2 Jennifer Searles
- 3 Melissa Frabbiele

Europa Supershow

Arlington, USA, Sep 17, 2005

- 1 Amanda Savell
- 2 Valerie Waugaman
- 3 Monica Guerra

Tournament of Champions

Anaheim, USA, Sep 24, 2005

- 1 Christine Pomponia-Pate
- 2 Amanda Savell
- 3 Monica Guerra

Charlotte Pro

Charlotte, USA, Oct 1, 2005

- 1 Davana Medina
- 2 Amber Littlejohn
- 3 Latisha Wilder