



Advisory Notice

IFBB Pro will not impose any sanction or penalty, or otherwise interfere in any way with, any person on account of that person's participation by guest posing, giving seminars, or otherwise appearing **(but not competing)** at any bodybuilding or other fitness contest offered by another organization, whether such person is an athlete, promoter, sponsor, vendor, or otherwise, and does not condone, ratify, facilitate or permit such actions by any IFBB Pro officer and/or employee.

Thus, notwithstanding IFBB Pro Rules 1.5 and 1.6, IFBB Pro athletes are permitted to guest pose, give seminars and otherwise appear **(but not compete)** at non-IFBB Pro competitions.